

SPORT POLICY

“We exist to provide a biblically based instructional athletic program in a discipleship-oriented environment that develops spiritual commitment, academic excellence, physical development, and social maturity. In doing so, we seek to support the Christian family and the local Bible-believing church.”

The Athletic program exists underneath the umbrella of the school as an extracurricular activity. This program chooses to use competitive sports to mentor athletes and to point their lives towards Christ.

CODE OF CONDUCT

1. In all things, strive to act in a Christian manner.
2. Play fair. Observe the rules of the game.
3. Respect coaches, opponents, teammates, referees, and spectators.
4. Accept defeat with dignity, win with modesty, and give credit to teammates.
5. Play to win.

PIAA PHYSICALS

All athletes playing a sport are required to have a PIAA Physical form completed by the first day of practice. This means that all parent and athlete signature lines are signed in sections 1-6 and the Physical (section 7) has been completed by a Physician dated June 1st or later of the current school year.

Recertifications are needed for any athletes participating in a 2nd or 3rd sport season in the current school year. Recertifications Forms (section 8) are to be submitted to the Nurse/A.D. no earlier than 30 days prior to the first day of practice.

PIAA physicals/ recertifications are due by the first day of preseason/practice. Athletes will not be allowed to practice or participate until physicals are turned in and completed.

Completed PIAA physicals may be turned in to the nurse's office or the Athletic Director prior to the first day of preseason/ practice.

INJURIES /SAFETY

All coaches will be trained in CPR/AED and First Aid.

Sport First Aid bags will accompany teams to every practice, game, and matches.

Athletes are to report any injuries as soon as possible to coaches, Athletic Director and/or the Nurse.

If an Athlete sustains an injury during game/practice or outside of school and they must be excused from participation for more than 2 days, the student must have a doctor's note.

If an athlete is sick and unable to practice or participate in game for more than 2 days, the student must have a doctor's note.

SCHEDULES

Athletic schedules can be viewed on the Commonwealth Christian Athletics Conference website

<https://www.ccacathletics.com>.

CANCELLATIONS/ WEATHER

All changes to the Athletic Schedule will be posted on Commonwealth Christian Athletics Conference website <https://www.ccacathletics.com>. You will need to create an account and request to be notified on any changes to the schedule. Also, available is the Rschool today app for your phones. This app coincides with the league schedule.

UNIFORMS/DRESS AND EQUIPMENT

Athletes must wear modest attire for practices and travelling to and from games. No yoga pants, spandex shorts, or spaghetti straps. Shorts need to be an appropriate length along with loose fitting sweatpants.

Long hair must be tied up.

Uniforms will need to be returned to the Athletic Department by the date requested at the end of each season. The uniform should be cleaned and in the same condition that was given at the beginning of the season. If the uniforms are not in the appropriate condition the athlete will be charged to replace it. If a uniform is not turned in on time, the athlete will not be able to participate in the next sport season and will have lunch detention each day until uniform is handed in.

ATTENDANCE

Athletes are to be on time to start all practices and games. Tardiness may affect playing time in games. Chronic lateness may result in suspension of the athlete.

Attendance at all practices, team meeting, and games is mandatory. While injured athletes may be unable to play, they are still expected to arrive on time and listen to coaches, encourage teammates, and assist the team.

In certain situations, athletes may be excused from games and/or practices. When this occurs, athletes are responsible for informing the coach verbally through a phone call or meeting at the earliest possible time. Understand, when an athlete does miss practices and/or games, playing time in future games may be affected. Skipping practice and games due to travel teams or other organized teams is not acceptable. High Point's teams will be first priority. If this situation occurs, evaluation of your playing time and position on the team will take place.

If an Athlete sustains an injury during game/practice or outside of school and they must be excused from participation for more than 2 days, the student must have a doctor's note.

If an athlete is sick and unable to practice or participate in game for more than 2 days, the student must have a doctor's note.

PIAA rule states students must be present at school the day of a game except for a pre-approved medical appt.

Pre-Season/Tryouts

All athletes must attend the two weeks of preseason schedule and any tryouts that may occur in any of the sporting season.

OTHER

All athletes are required to complete a HPBA Sports Contract. This must be signed by both parent and athlete.

Any elementary or middle school student staying after school need to be accompanied by a parent or responsible adult. Middle School athletes need to be with a parent or a responsible adult after school if they are not competing that day.