High Point Middle School Electives 2024-2025 School Year

**NOTES:

MS required electives are held on a rotating schedule during Gold Day 2nd period. All students must choose two 4th period clubs/electives, beyond what is required on Tuesdays and Thursdays.

Required Electives:

Spanish: 6th-8th

General Art: 6th-8th

Physical Education: 6th-8th

Computer: 6th-8th Music: 6th & 7th

Health: 8th

Home Economics/Man builders: 7th

Elective/Club Options:

Drawing & Painting: 8th grade (Teacher recommendation) - For students who are deeply interested in art and art concepts. These students will be eligible to participate in the ACSI Fine Arts competition.

Choir: 6th-8th -The purpose of this course is to build upon the foundation of elementary/middle school music instruction and explore more complex techniques in vocal production. Students will be able to sing in unison and parts and will experience a well-rounded repertoire of literature. Advanced concepts in vocal production will be covered, including breathing, phonation, diction, foreign languages, and expression. Various performance opportunities will be given throughout the school year.

Pep Club: 6th-8th - This club helps plan the pep rallies and encourage school spirit. It also involves poster making and assisting in other event happenings throughout the school year.

Home Economics: 7th **required-** This course is half a year of cooking and half a year of sewing. The cooking portion instructs students about measuring, following recipes, and nutrition. The sewing portion teaches

Man Builders: 7th **required-** The goal of this club is to teach young boys practical skills they can use for a lifetime. Topics include: Outdoor survival skills, car repair, picking locks and tying knots, manners, first aid, cooking and more.

Student Government: 6th-8th – Students will have the opportunity to develop leadership by organizing and conducting school activities and service projects. In addition to planning events that contribute to our school's environment the student council is the voice of the student body. They help share student ideas, interests, and concerns with the school wide community.

Health: 8th required – This course for 8th grade will focus on developing a knowledge of God as creator, a knowledge of science pertaining to the human body, a desire to open up and learn to be transparent with parents and God, and a healthy lifestyle in each area of life – now. Spiritual health influences physical, mental, and social health, and all of these play an important role in the success students experience in living up to the potential God intends for their lives.

STEM (Robotics): 6th-8th- Come and enjoy all things Science, Technology, Engineering, and Math! Students will engage in hands-on projects, experiments, and activities to develop their critical thinking and problem-solving skills. This course will focus on Robotics which offers students an exciting opportunity to explore the fields of technology, automation, and programming. Through hands-on projects and activities, students will learn the fundamentals of robotics design, construction, and programming, fostering creativity, problem-solving skills, and technological literacy.

Science Explorers - 6th -8th – This elective course is designed to ignite students' curiosity and passion for understanding God's creation by engaging them in hands-on exploration and discovery. Students will delve into various scientific investigations, conduct experiments, and explore features of God's creation while developing critical thinking and problem-solving skills.

Band –6th–8th– For developing woodwind, brass and percussion players who have had one year of instruction or are currently taking private lessons. Some pieces will be played along with the orchestra.

Drama Club -6^{th} - 8^{th} - In High Point's theatre club, students will first be introduced to the basic concepts of theatre arts. Students will use various creative drama techniques to build *confidence*, stimulate imagination, movement, improv, and role-play. Through theatre games and activities students will learn to lose inhibitions and will gain trust in themselves as well as others in their groups. Students will exhibit and reinforce these skills through individual and group presentations, performances, and script and journal writing.

Math Tutoring- 6th -8th -Need help in math? Our math teachers and their team of tutors will offer tutoring for students who need extra help in the variety of math classes that we offer.

Book Club - 6th -8th - This course is designed to cultivate a love for reading, critical thinking, and collaborative discussions among students. Throughout this course, students will have the opportunity to explore a variety of literary works, engage in meaningful conversations, and develop a deeper appreciation for literature.

Fitness and Conditioning - 6th -8th - This course is designed to promote physical fitness, health, and overall well-being through a variety of exercise routines, conditioning activities, and wellness practices. Students will engage in workouts, learn about nutrition, set fitness goals, and develop habits for a healthy lifestyle.

Makerspace - 6th -8th - A Makerspace is a DIY space for creativity exploration where students can gather to design, invent, craft and learn in a project-based setting. Students will create collaboratively and individually on different projects throughout the year using various materials and mediums.

Lessons of the Way - 6th -8th - This course is based on the book, Lessons of the Way: Using Adventure Activities to Explore the Way of Jesus by Greg Robinson and Mark Rose. The course will provide a unique approach to spiritual formation and discipleship to Jesus that is grounded in the knowledge and use of experiential education. Stories, scriptures, activities and questions create the basis for action, reflection, change and growth.