As summer is moving quickly, we wanted to get pre-season information into your hands. Listed below are the times and days of the various sports for the fall.

Please be reminded physicals have to be completed before the first day of practice. A full physical needs to be turned in at the beginning of every new school year. If it is not completed properly athletes will not be able to participate until it is finished.

Pre-Season Schedule

Fall 2024

Weeks of August 12th and August 19th

MS Girls Volleyball	Both Weeks	10:00 am – 12:00 pm – daily
Varsity Girls Volleyball	Both Weeks	8:00 am – 10:00 am - daily
Varsity Girls Soccer	Both Weeks	4:00 pm – 6:00 pm - daily
MS Boys Soccer	Both Weeks	8:00 am – 10:00 am - daily
Varsity Boys Soccer	Both Weeks	6:00 pm – 8:00 pm – daily
Golf	Pre-season schedule will be put out by the coach.	

Practices on Back to School Night will be scheduled by the coaches.